

## **Businesses with Outstanding Health Promotion Activities for Workers for the first half of 2019**

- KOSHA selected the ‘Workplaces with Outstanding Health Promotion Activities for Workers (6 sites)’ for the 1st half of 2019.
  - \* Seongnam SK V1 Tower construction work by SK E&C Co., Ltd., Korea Institute of Science and Technology Information (KISTI), construction work of Goseong High Thermal Power Plan by SK E&C Co., Ltd., construction work of Stay One within Hill State by Hyundai E&C Co., Ltd., the 2nd construction work at Hill State Lake Songdo by Hyundai E&C Co., Ltd. and Dangjin Factory of Dongkuk Steel Mill Co., Ltd.
  - All of the business sites selected this year have successfully established tailored health promotion activities reflecting the characteristics of their worksites, and every member of those worksites, including labor, management and subcontractors, has actively participated in such activities.

### **<Cases of Exemplary Workplaces with Health Promotion Activities>**

- **Seongnam SK V1 Tower construction work by SK E&C Co., Ltd.:** In addition to 10% increase of workers who quit smoking and 33% of workers who cut down drinking, the site successfully ensured everyone subject to management participating in the programs for prevention of musculoskeletal diseases, cardiovascular disease and stress.
- **Korea Institute of Science and Technology Information:** Operating an anti-obesity program designed to raising the young office workers’ awareness of health promotion and encouraging their healthy practices, the institute achieved helping those workers lowering 5% of body-fat rate and 6% of weight loss and also planned and operated various programs,

including designation of health day, calligraphy and yoga, for all workers to take part in.

- **Construction work of Goseong High Thermal Power Plan by SK E&C Co., Ltd.:** The site achieved 13.1% improvement in the moderate risk group, 20.9% improvement in smoking cessation program and 15.7% of weight loss through operation of cardiovascular disease prevention program (door-to-door health promotion program) accommodating the characteristics of construction worksites.
- **Hyundai E&C Co., Ltd.:** The site is distinguished for maintaining continuity of its individual health consultation service by preparing and filing health management records for all temporary workers upon every consultation and also accomplished 27% success rate of smoking cessation programs, 27% improvement of patients with chronic diseases and 29% reduction of workers with pain from musculoskeletal diseases.
- **The 2nd construction work at Hill State Lake Songdo by Hyundai E&C Co., Ltd.:** For the purpose of improving the quality of programs, the site supported fluoride application (including 43% of foreign workers) through an oral health promotion program in a collaboration with various outside professional agencies and also accomplished 35% success rate from smoking cessation and reduction of alcohol dependence by identifying 27 workers for an drinking risk group through an screening inspection for alcohol use disorders.
- **Dangjin Factory of Dongkuk Steel Mill Co., Ltd.:** The factory has been consistently operating various programs to promote smoking cessation and prevent obesity and cardiovascular diseases as a part of health promotion activities for workers in conjunction with subcontractors for the past 3 years, which produced notable outcomes every year, including 48% reduction of smokers (59% for subcontractors), 10% reduction of workers with obesity and 0% incidence of cardiovascular diseases compared to previous years.

- The selection of exemplary businesses with health promotion activities is designed to help solidifying voluntary health culture at worksites and prevent work-related diseases, where selections are made each in the first and second halves of the year.
- Exemplary worksites selected are given benefits, including deferment of supervision over medical examination and health promotion as well as preferential recommendation for governmental compensations for 3 years of effective period.
- An official of the KOSHA said, “KOSHA plans to utilize these exemplary cases to reduce work-related diseases and promote workers’ health at individual workplaces by widely publicizing these cases.”